



# LAQUENTA MARTIN

MBA, MAED, CAMF-1



Ms. LaQuenta Martin is the Executive Director for the premier Learning & Leadership Consulting Company, The P3 Life, Inc™. As a Certified Educator, Motivator, and Master Life Coach, LaQuenta is dedicated to teach leaders how to elevate while they manage, monitor and master their communication, stress, and mental wellness.

## ECoach | Emotions Educator | Expansion Expert

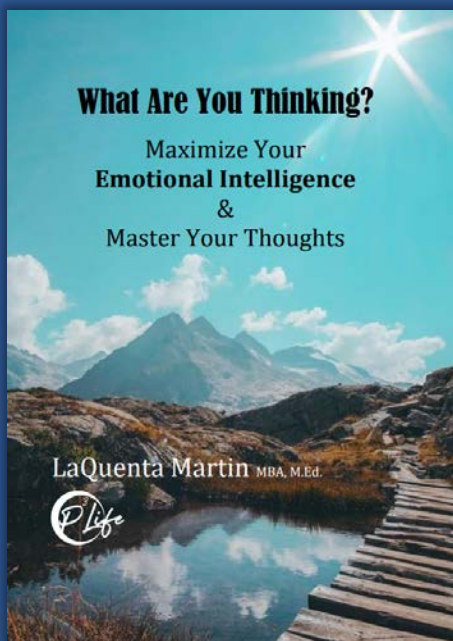
With over 15 years of fostering educational engagement, social-emotional learning and creating team-building experiences -

LaQuenta is skilled in leadership improvement, advancement and strategic development.

She is here to help you reach your goals.

Ready to book her as a guest speaker? Please contact our main offices directly to schedule or calendar future training dates

### Author & Article Writer



## Exclusive coaching opportunities for community service organizations, entrepreneurs, youth, private clients and schools:

- Emotional Intelligence Seminars
- Leadership Academy Facilitation
- Expert Team Training
- Virtual Group Courses
- Mastery Classes
- Personal Wellness
- Parenting & Professional Growth
- Events & Conferences

All trainings can be hosted virtually. Speaker/Instructor fees vary according to travel costs, amount of attendees, and additional e-learning materials provided by The P3 Life, Inc™. Please contact for package rates, programs or a custom proposal to suit your corporate/organizational needs.

## Partnerships and Collaborations



## CONTACT INFO

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## Educator & Executive Professional Trainer

Brings a positive personality and 15 years teaching diverse groups/teams to offer insightful leadership coaching & courses. LaQuenta facilitates in a personalized style all her own.

As the podcast host of "Defined & Designed" she is on a mission to help leaders experience EXPANSION!

## Through her exclusive learning program she shares how to:

Plan for the future, Prepare to flourish & Progress forward in their personal or professional business life.

## She can create a collaborative environment, coordinate engaging presentations with ease, connect to people & speak on topics such as:

- Professional Improvement
- Parenthood & Teen Communication
- Expertise Development
- Balancing Home & Work Wellness
- Stress & Anger Management
- Enterprise Strategic Goals
- Emotional Intelligence
- Mindset Transformation

Serving as Executive Director for the premier Coaching & Consulting Company, The P3 Life™, LaQuenta is dedicated to organizational improvement. Her aim is to build a bridge that leads to better outcomes after addressing leadership gaps and workplace dynamics. She is most passionate about parents, students and education professionals.

In addition she has served as the Chairwoman of Virtual Academy School Advisory and Social Justice Education & Equity Committee Board Member for local City Chamber of Commerce. Her personal focus is to build community collaboration on social issues surrounding family dynamics, fundraising for non-profit organizations or hosting charity events.

Certified Master eCoach & Educator, Motivator and Mompreneur with high-level experience in lead positions and senior management. She has grown from Teaching and Administrative roles at four Regionally Accredited Universities, three School Districts, and two Multi-million dollar Financial Firms to make one spectacular career defined by a passion to help leaders rise, define and align in order to launch & level-up with their purpose in life.



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